

**Your details**

FULL NAME

VILLA/UNIT/APT

PHONE

EMAIL

DATE

SIGNATURE

- I agree to provide my information to Five Good Friends and have read and understand the Five Good Friends Privacy Policy.

**Additional information**

If you would like to inform us of any additional information or requirements please fill in the details in the space provided below.

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*Providing you with  
access to support so  
that you can live  
your best life*

*Cardinal Freeman* / **LEVANDE**

137 Victoria Street

Ashfield NSW 2131

Phone (02) 9072 4907

[levande.com.au/cardinal-freeman](http://levande.com.au/cardinal-freeman)

Disclaimer: Five Good Friends pays Levande support fees for residents who become customers. These fees are reinvested by Levande to support resident wellbeing. Residents are free to use a home care provider of their choice. Levande and Five Good Friends are both part-owned by EQT.



**LEVANDE**

**LEVANDE  
LIVING  
PLUS**

## LEVANDE LIVING PLUS - SERVICES

Levande Living Plus gives you the option to choose from a range of services, provided by our trusted and reliable partners, to help you in an around your home in a way that suits your lifestyle.

### GARDENING

Get the regular maintenance and patio or balcony clean along with help to maintain the beautiful garden

#### GARDENING - \$62 PER HOUR YES

Plants watered (Allow 15 mins)	<input type="checkbox"/>
Plants trimmed (Allow 15 mins)	<input type="checkbox"/>
Patio / balcony sweeping (Allow 15 mins)	<input type="checkbox"/>
Repotting (Allow 15 mins)	<input type="checkbox"/>
Fertilising (Allow 15 mins)	<input type="checkbox"/>
Weekly <input type="checkbox"/> Fortnightly <input type="checkbox"/> Monthly <input type="checkbox"/>	

### HELPER

A regular and familiar companion to assist with what suits you. It can be a Chat n coffee, help with bills, play a board game, or assist with 'This is your Life'

#### HELPER - \$62 PER HOUR YES

Community access (Allow 1 hour)	<input type="checkbox"/>
Personal care (Allow 30 mins)	<input type="checkbox"/>
Company & conversation (Allow 1 hour)	<input type="checkbox"/>
Home administration (Allow 1 hour)	<input type="checkbox"/>
In-home meal preparation (Allow 1 hour)	<input type="checkbox"/>
Weekly <input type="checkbox"/> Fortnightly <input type="checkbox"/> Monthly <input type="checkbox"/>	

### HOUSEKEEPING

Enjoy the benefits of a housekeeping service with peace of mind, a pristine home, with expert care and attention, to allow you more free time.

Time allowed estimate below based on 2 bedroom, 1 bathroom apartment.

#### HOUSEKEEPING - \$62 PER HOUR YES

Dusting (Allow 15 mins)	<input type="checkbox"/>
Vacuuming (Allow 15 mins)	<input type="checkbox"/>
Mopping (Allow 15 mins)	<input type="checkbox"/>
Sweeping (Allow 15 mins)	<input type="checkbox"/>
Home tidying (Allow 30 mins)	<input type="checkbox"/>
Internal window cleaning (Allow 30mins)	<input type="checkbox"/>
Bins emptied (Allow 5 – 10 mins)	<input type="checkbox"/>
Fridge wipe (Allow 5 – 10 mins)	<input type="checkbox"/>
Kitchen clean (Allow 15 mins)	<input type="checkbox"/>
Bathroom clean (Allow 15 – 20 mins)	<input type="checkbox"/>
Laundry clean (Allow 15 mins)	<input type="checkbox"/>
Towels washed (Allow 5 – 10 mins)	<input type="checkbox"/>
Towels dried (Allow 5 – 10 mins)	<input type="checkbox"/>
Bed linen changed (Allow 15 mins)	<input type="checkbox"/>
Bed linen washed (Allow 5 – 10 mins)	<input type="checkbox"/>
Bed linen dried (Allow 5 – 10 mins)	<input type="checkbox"/>
Clothes washed (Allow 5 – 10 mins)	<input type="checkbox"/>
Clothes folded (Allow 15 mins)	<input type="checkbox"/>
Ironing (Allow 15 – 30 mins)	<input type="checkbox"/>
Weekly <input type="checkbox"/> Fortnightly <input type="checkbox"/> Monthly <input type="checkbox"/>	

### MEALS

Multi award winning **Lite n Easy** delivered to your fridge. Healthy delicious ready-to-eat meals, for lunch and dinner as many days as you choose.

#### LITE N EASY MEALS PRICE YES

Paired with Levande Plus Concierge service includes ordering/delivery 30 mins	\$31	<input checked="" type="checkbox"/>
5 x My Choice Meals	\$74.95	<input type="checkbox"/>
7 x My Choice Meals	\$91.95	<input type="checkbox"/>
10 x My Choice Meals	\$122.95	<input type="checkbox"/>
5 Day My Choice + Standard Meals Pack	\$143.95	<input type="checkbox"/>
7 Day My Choice + Standard Meals Pack	\$193.95	<input type="checkbox"/>

#### Budget estimate

To help you create a budget estimate fill in the following information.

What is your funding arrangement?

Self funded	<input type="checkbox"/>
Home Care Package - Level 1	<input type="checkbox"/>
Home Care Package - Level 2	<input type="checkbox"/>
Home Care Package - Level 3	<input type="checkbox"/>
Home Care Package - Level 4	<input type="checkbox"/>
Service hours @\$62 per hour	
Meal services	
Care & Package Management	

#### Total Cost