

SUSTAINABILITY AND WELLBEING

REFRESH YOUR START TO THE YEAR



BACK TO NATURE



January

HEALTHY HEART & MIND



PLASTICS FREE MONTH



February

SLEEP IS UNDERRATED



EARTH HOUR



March

APRIL 'FALLS' PREVENTION



GREEN WAVE



April

FLOURISH EMOTIONALLY



NATIONAL VOLUNTEER WEEK



May

THE POWER OF PETS



WORLD ENVIRONMENT DAY



June

INTERNATIONAL FRIENDSHIP DAY



NATIONAL TREE DAY



July

FINANCIAL HEALTH MATTERS



KEEP AUSTRALIA BEAUTIFUL WEEK



August

RU OK DAY



SOMEONE'S TRASH IS ANOTHER PERSON'S TREASURE



September

GET TECH SAVVY



ENERGY SAVER MONTH



October

MOVEMBER & MEN'S HEALTH



NATIONAL RECYCLING WEEK



November

GIVING IS A GIFT



LOVING OUR OCEANS & RIVERS



December